

SAFE FOUNDATION
(PREVIOUSLY KNOWN AS STOP ABUSE FOR EVERYONE)
(A company limited by guarantee)
UNAUDITED
TRUSTEES' REPORT AND FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2021



SAFE FOUNDATION
(A company limited by guarantee)

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**REFERENCE AND ADMINISTRATIVE DETAILS OF THE COMPANY, ITS TRUSTEES AND ADVISERS
FOR THE YEAR ENDED 31 MARCH 2021**

Trustees

T Davies-Pugh
M Peckham, Chair
M Sahota
C Ellesmere (resigned 18 February 2021)

Company registered number

01837296

Charity registered number

291415

Registered office

1 Alba Court
Emperor Way
Exeter
EX1 3QS

Senior management team

E Morris
L Skye
B Kavanagh
L Rowlands

Accountants

Griffin
Chartered Accountants
Silverdown Office Park
Exeter Airport Business Park
Exeter
EX5 2UX

SAFE FOUNDATION
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TRUSTEES' REPORT
FOR THE YEAR ENDED 31 MARCH 2021

The Trustees present their annual report together with the financial statements of the SAFE Foundation for the 1 April 2020 to 31 March 2021. The Annual report serves the purposes of both a Trustees' report and a directors' report under company law. The Trustees confirm that the Annual report and financial statements of the charitable company comply with the current statutory requirements, the requirements of the charitable company's governing document and the provisions of the Statement of Recommended Practice (SORP) applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS102) (effective 1 January 2019).

Since the company qualifies as small under section 382 of the Companies Act 2006, the Strategic report required of medium and large companies under the Companies Act 2006 (Strategic Report and Directors' Report) Regulations 2013 has been omitted.

Objectives and activities

a. Policies and objectives

The Objects of the Charity are for the public benefit to support women, men and children affected by trauma, domestic abuse and violence, in particular (but not exclusively) by:

- a) Providing relief and therapeutic support for people impacted by the effects of trauma, domestic abuse and violence;
- b) Promoting awareness of the impact of trauma, domestic violence and abuse and the adoption of strategies to enable recovery; and
- c) Advancing the education of the public in the subject of trauma recovery, domestic abuse and violence.

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TRUSTEES' REPORT (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2021

Objectives and activities (continued)

b. Activities undertaken to achieve objectives

SAFE's vision is for a world free from the impact of trauma.

SAFE's mission is to:

- Provide therapy and training to support families and individuals to break the cycle of abuse.
- Be a leading voice in trauma recovery through cutting edge research and innovation.
- Drive an ecosystem wide approach across communities and supporting agencies.

SAFE has six core pillars which provide the foundation for the organisation. Our pillars set out the behaviours, beliefs and attitudes that define our culture and underpin our work and decision making:

Boundaries: To empower change through clarity and openness in communication

Respect: To relate without judgment and embrace others' diversity, experience, and views

Honesty: To speak truthfully and listen to the truth of others

Continuity: To provide sustainability, empathy, and integrity

Negotiation: To be flexible and seek opportunities to learn

Boldness: To challenge, innovate and create

SAFE is led by a specialist team; people with lived experience of trauma, a deep understanding of the dynamics of trauma and the capability to help people recover from its effect.

Today SAFE is a passionate innovator, striving for social change by driving new ideas, being a leading voice and influencer in the arena of trauma recovery by promoting an ethos of generous leadership. SAFE believes for change to be effective it takes a whole unit to work cohesively, and this is true of the families we support and the stakeholders we work with.

Childhood trauma (in any form) is the root of many social challenges. It fuels half of all violent crime, including domestic violence and abuse and child abuse, and is responsible for over 52% of cases of anxiety and depression (Bellis et al, 2014; Gros et al, 2012). Childhood trauma may drive the hunt for self-soothing or self-annihilation inherent in drug and alcohol abuse and self-harm. It may also create social isolation, distract children from learning (thereby impacting educational achievement), reduce work productivity, and create unemployment, poverty, and homelessness.

At the heart of SAFE's ethos is group therapy. Being part of a group, or family of choice, brings many advantages from bonding and intimacy to hope and healing. We know there is comfort in commonality and the sharing of experiences reduces shame. SAFE's approach to trauma has its roots in the felt sense – you've got to feel it to heal it, feelings that cannot be felt via the virtual platform. March 2020 presented the world with a crisis on an unprecedented scale, a 'new normal' had to be found and SAFE adapted accordingly.

We are now finding our way out of a global pandemic and we are shortly to see a new Domestic Violence Act being implemented at local level; these two things give us an opportunity for change that perhaps has not been seen before. Many of those who have experienced trauma on any level will have found COVID-19 a significantly triggering experience, for evidence of this we need look no further than the huge rises in domestic abuse and poor mental health. Yet, we have the chance to create sustainable change. The challenge with any new policy is supporting the people who fall through the gaps and we must continue to voice our concerns to policy makers if we are to create sustainable change. We need to apply a flexible approach to policy implementation and strategies, develop a shared language and understanding of trauma and shift from being trauma informed to trauma responsive and an authentic understanding that trauma is not something that happens to us, but something that happens inside of us.

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TRUSTEES' REPORT (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2021

Objectives and activities (continued)

As we take our Felt trauma approach out to stakeholders, we are able to drive ecosystem change at local and national level. By working as a family, we can develop a framework that provides the complex solutions needed to treat the complex problems experienced.

SAFE is committed to innovation and to influencing change across Devon and beyond. We will continue to develop and deliver ground-breaking trauma responsive projects to a wider cohort of need and fine-tune our trauma treatment to ensure it is inclusive. Our belief is that such change is vital for our families, our communities, and our society as a whole - our hope is that others will join our movement for change.

The dramatic rise in domestic abuse and violence, due to COVID-19 restrictions, has been recognised at a national and local level, with an upsurge in the number of cases reported as well as number of deaths linked. Social isolation increases the risk of escalation of relationship breakdown and incidents of domestic abuse and violence, including a rise on child on parent conflict. In addition, crisis services are stretched, and support options desperately limited. It has become clear that our ability to deliver a flexible offering will be required for months to come. We are speedy and proactive in our response to the changing landscape, ensuring continuity of support. We seek to maintain as a strong organisation, able to respond to social needs, and continue to strive on our mission, to aid our community during this crisis and be with them on the other side.

Despite the challenges faced by so many, we have held true to our belief that continuity of support is vital to delivering outcomes. As such, we have continued with our core service offering, albeit moving these to online platforms rather than face to face. By working together as a team and by building our stakeholder relationships, our service delivery has encompassed the elements listed below:

- Adult 1:1 counselling
- Child 1:1 therapeutic sessions
- Child group work
- Adult group programmes: Domestic Abuse Recovery and Trauma Recovery
- Whole family sessions
- Family activity resource packs
- Family Care Plan
- Attendance at multi-agency Team Around the Family meetings
- Attendance at relevant professional meetings
- Internal case management meetings
- Quarterly consultation and evaluation questionnaires
- Case recording
- Quarterly reporting
- Internal Quality Assurance Framework

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TRUSTEES' REPORT (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2021

Objectives and activities (continued)

c. Volunteers

Whilst there is a paid staff team in the organisation, volunteers are central to the provision of support to the public. During the reporting year, there were on average 42 active volunteers. Volunteers receive support and supervision and follow policy and guidance

d. Public Benefit

Trustees of the Charity have complied with the duty in S.4 of the 2011 Charities Act to have due regard to guidance published by the Charity Commission. The Charity provides a public benefit by providing the public in its area of benefit with accessible, confidential, and impartial support regardless of age, gender, race, disability or sexuality.

Achievements and performance

a. Outcomes

Key achievements:

- Requests for support received from 1,406 individuals
- Full staff team retained and volunteer capacity increased
- Responding to 65% increase in referrals compared to same time period last year, maintaining average four-week waiting time for therapeutic support
- Rapid set up and establishment of online platforms for individual adult counselling, therapeutic sessions for children and young people, and group workshops
- Strengthened partnerships with statutory and third sector organisations, improving risk management and referral pathways to share information and increase speed of access to support
- Clients reported struggling to engage in face to face sessions pre-lockdown, but telephone and video have provided flexibility around timings, and enabled them to be more proactive in reaching out for support, increasing their engagement and having beneficial impact on emotional health
- Delivery of food vouchers and therapeutic resources to families nurtured health and wellbeing and strengthened trust in relationships
- Increased accessibility of counselling support has reduced waiting times and made it possible to dynamically work with more clients
- Clients reported feeling secure and 'held' by SAFE at a period when other services were unavailable and had yet to adapt to new ways of working
- Majority of children feel optimistic about moving on from their experiences
- Majority of adults and children experience strong family bonds and feel that they are in a safe environment

Specific outcomes for children and young people include:

- 93% improved relationships with parents
- 86% felt safer
- 85% increased self confidence

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TRUSTEES' REPORT (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2021

Achievements and performance (continued)

b. Beneficiary and stakeholder feedback

As we continue to work towards meeting our aims, it is vital that we always keep at the forefront the reasons why our work is so vital and continue to listen to others' views, opinions, and thoughts, which in turn encourages and empowers us as an organisation to develop and grow with the voices of those who need us firmly embedded. We gather these voices through both formal and informal channels and examples of our stakeholder voices are shown below:

Comments from Children

"You [child's keyworker] are trustworthy and respect my privacy".

"I feel like I can be myself around you [child's keyworker] and not feel judged about what I say".

"I like doing different activities with you [child's keyworker]".

"I am a lot nicer at home because you are helping me".

"The work you [child's keyworker] have done with me has helped me change and made me feel better. I don't feel I think about it too much after".

"It's been helpful for you to be there for me. I can express my feelings in any way now. It has just been brilliant".
"I am the luckiest kid alive as I get to work with you [child's keyworker]".

One young person was struggling to verbalise how he was feeling. He would become angry and frustrated when he was feeling unhappy, unsafe, or confused. The SAFE worker used creative techniques and introduced visual aids to help him express how he was feeling and learn new healthier ways of expressing his distress. He reported:

"I don't need the cards anymore - I can show and tell you now because you helped me".

One parent raised concerns that her two children would not react well to a male worker as they had a fear of men following experiences with their dad. They also had little current connection with adult males. It was agreed to try and introduce a male children's worker to them. He gently established a relationship, and the children began to express and open up to him. One child found it harder to engage and needed a teaching assistant to accompany him to sessions. His SAFE worker took the time to build his trust. After a few sessions he told the teaching assistant he was happy to go to the sessions alone and did not need her there. Feedback from their parent and school is positive and the school has since made another family referral to Project 30 as a result.

Comments from Parents & Adult clients

"I have seen a difference in myself, I have more confidence in myself, I don't get so stressed out as much".

"The counselling from SAFE was the best intervention I have been given".

"My counsellor is brilliant and I'm feeling so positive and really enjoying my sessions I hope [my children] do too. Project 30 is brilliant".

"My heart warmed so much when she [the child] came out with a smile on her face and immediately wanted to show me the pictures. It's so lovely knowing that she is comfortable with you and I really hope it gives her the space she needs. Thank you".

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TRUSTEES' REPORT (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2021

Achievements and performance (continued)

"SAFE have really helped our family heal, the girls are getting on so well now, they don't fight and argue anymore. I can't thank you [child's keyworkers] enough for that. It has helped our relationships, and the girl's relationships with their friends. My counselling has made me recognise how I am with the girls and the behaviours I mirrored from how my dad treated me. I have changed this, it's been great".

"Hi [children's worker] wow how you did it I don't know but [the child] said a little prayer tonight to ask God to bless you because you really helped her open up so sweet. She opened up to me too she hasn't done that in years such a wonderful feeling so lovely to see her feel really pleased and happy with herself for opening up to me I just praised her so much thankyou you made her day".

"I would just like to voice my sincerest praise & gratitude to [counsellor]. She has been an absolute lifeline for me at a pretty bleak time, & she has been the utmost professional at all times and my counselling journey with her has been amazing and she has really supported me in truly finding myself again. She really is an amazing asset to your service & I couldn't recommend her highly enough. Thank you from the bottom of my heart".

"We also have support through SAFE. [children's worker] is really good he communicates with me and he really supports and communicates well with the children." 'My children talk to [children's worker] at SAFE and knowing that they are being supported to help with emotions is great".

"I just wanted to thank SAFE for all the support my family have received and let you know the difference it has made to our family. [children's workers] have been amazing with my children and very supportive. Since my girls have started their counselling, I have noticed such a difference. They are both able to express their feelings so much more and my youngest daughter is so much more confident. My eldest daughter has started to open up emotionally which has been such a relief and is recognising where her anger stems from..

..When we first joined the service, my relationship with my eldest daughter was in pieces but with [children's worker's] support, we have been able to put those pieces back together and build such a better relationship. She is so much more loving and confides in me about how she is feeling, which not something she has ever done. I am thankful for my counselling sessions with [counsellor], as she has helped me to realise my own patterns of behaviour and how they have impacted on my children. I am so grateful for this support. Without it, I don't know where my family would be. Thank you so, so much".

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TRUSTEES' REPORT (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2021

Achievements and performance (continued)

Comments from professionals

Trainee Social Worker:

"[Children's worker] has been a consistent positive asset to our shared family work. Her capacity to work as part of a multi-agency team is incredibly valuable, she has been open and proactive in jointly working with a child on their difficult journey from Early Help to Child Protection, she maintains an appreciative curious and optimistic stance and has at times provided much needed strengths-based respite with her feedback for the family when faced with what must seem like overwhelming professional concerns in meetings..

..The holistic SAFE Project 30 approach has delivered solid results for the child, and her insight into the child's world has been invaluable. The family who are sceptical about professional's commitment to them have valued the consistent and long-term commitment that the Project offers providing an opportunity to build a much-needed trusted professional relationship. As a student I have valued [children's worker's] generosity with her time and reflective approach to her work. She is a very knowledgeable practitioner who is a joy to work alongside, encouraging, challenging and secure in her professional judgements".

"I also wanted to mention that last week [parent] mentioned that [children's worker] was doing great work with the children and thought I would pass it on. In my experience of working with children and their families, you more often get to hear about what's not going so well rather than the praise so wanted [children's worker] to know that her work is really being appreciated".

Counsellor

A counsellor at a school in North Devon has been impressed with the level of support provided to families taking part in Project 30. She commended the whole family approach that was being used. She saw the length and scope of support as positive, stating that most agencies have a more limited time frame when working with young people. The school is eager for the children's worker to continue supporting the young person and to bring some expertise to professionals at the school in relation to trauma.

c. Investment policy

As required by its Articles in furtherance of its objectives, the company has the power to invest the monies of the company not immediately required for its purposes in or upon such investments, securities or property as may be thought fit, subject to any conditions and consents that may be imposed or required by law.

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TRUSTEES' REPORT (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2021

Achievements and performance (continued)

Financial review

a. Going concern

After making appropriate enquiries, the Trustees have a reasonable expectation that the company has adequate resources to continue in operational existence for the foreseeable future. For this reason, they continue to adopt the going concern basis in preparing the financial statements. Further details regarding the adoption of the going concern basis can be found in the accounting policies.

b. Reserves policy

Following best practice guidance SAFE continues to operate a reserves policy whereby funds held by the Charity, but not otherwise committed, are set aside to meet any unforeseen financial challenges that might arise in the following year. This would allow the charity to continue activities following any significant reduction in funding as well as sufficient time to potentially raise alternative funds. The trustees have determined that the appropriate level of reserves should be the equivalent of 6 months' operating expenses and any remaining funds are held as designated funds for future project use. The total of unrestricted funds as at 31 March 2021 was £216,484. Currently the Charity has not designated any material amounts for future use.

c. Review

Income for the year totalled £524,008 (2020: £353,625). Total resources expended amounted to £452,792 (2020: £343,345). The balance of funds at 31 March 2021 was £324,204 (2020: £252,988). A proportion of these funds are restricted and can only be used for specific purposes. The balance of restricted funds at 31 March 2021 was £107,720 (restricted funds in surplus). The balance of unrestricted funds at 31 March 2021 was £216,484 (unrestricted income funds).

The Charity has received income via both grants and contracts, all of which have been used to support the work of the Charity and allowed us to respond to the demands of Covid-19 and the significantly increased demand for services which unfolded during the year. The Charity remains in a strong financial position, with a robust network of partnerships in place to enable the continued delivery of services and development of new projects as we continue to build our service provision.

Structure, governance and management

a. Constitution

The Charity is controlled by its governing document, the Articles of Association, and constitutes a limited company, limited by guarantee, as defined by the Companies Act 2006.

The Charity is constituted as a company limited by guarantee and is therefore governed by Articles of Association.

The Trustees of the Charity are also the Directors for the purposes of Company Law. Eligibility for membership of the Charity and membership of the Board of Trustees is governed by the Articles of Association.

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TRUSTEES' REPORT (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2021

Structure, governance and management (continued)

b. Methods of appointment or election of Trustees

The management of the company is the responsibility of the Trustees who are elected and co-opted under the terms of the Memorandum of Association. Prospective Trustees go through a rigorous application and induction process and references are taken before they are invited to attend a monthly Board meeting. We require all trustees to undergo an enhanced Disclosure Barring Service check, and, as good practice and to comply with the rigors of funding applications, trustees are all asked to do on-line Safeguarding training or, to provide proof of a recently completed and relevant course. Induction includes being given copies of key SAFE documents and agreeing confidentiality, a code of conduct, eligibility and conflict of interests. After attending two Board meetings applicants are eligible to become Trustees and may be invited to do so if agreed by the rest of the Board. Trustees serve for a term of 3 years and may be appointed to serve further terms.

c. Organisational structure and decision-making policies

The Trustees are accountable for ensuring that SAFE Foundation has a clear strategy, that it remains true to its original vision and that it discharges all its financial and legal obligations.

The Board of Trustees meet quarterly.

The day-to-day making and responsibility for management of the charity is delegated to a full-time Chief Executive who reports on performance against the Strategic Business Plan. Accounting services are outsourced and Management Accounts are prepared for all Board of Trustee meetings. Those decisions with high financial and/or strategic implications are taken to the Board of Trustees who are responsible for making such decisions as required. Regular monthly supervision sessions are held with the Chief Executive.

Members of the Board, usually with the CEO, form Committees with specific tasks. From time to time task and finish working groups are created as they are needed.

Plans for future periods

Through Covid-19 the Charity has demonstrated its ability to be resilient, resourceful and impactful. We have been proactive throughout this time and never failed to deliver for our stakeholders. We have invested in our team and supported them to support others. We faced the challenges together and as such we are emerging as a stronger, focused and exciting organisation that has the ambition to achieve. The Charity continues to strive for excellence and does so through influence, therapy and research. We will continue to develop in each of these areas via the creation of new services, partnerships and through innovation. The Charity is developing its internal and external communication networks which includes a new website, social media and marketing plan and the development of a digital learning platform. We want to make a difference and the future will see us push forward with our ideas and belief that we, as a society, need to start a new conversation. The conversation about the trauma of feelings, the Felt Trauma.

Funds held as custodian

No funds are held as custodian.

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TRUSTEES' REPORT (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2021

Members' liability

The Members of the company guarantee to contribute an amount not exceeding £1 to the assets of the company in the event of winding up.

Statement of Trustees' responsibilities

The Trustees (who are also the directors of the company for the purposes of company law) are responsible for preparing the Trustees' report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the Trustees to prepare financial statements for each financial . Under company law, the Trustees must not approve the financial statements unless they are satisfied that they give a true and fair view of the state of affairs of the company and of its incoming resources and application of resources, including its income and expenditure, for that period. In preparing these financial statements, the Trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles of the Charities SORP (FRS 102);
- make judgments and accounting estimates that are reasonable and prudent;
- state whether applicable UK Accounting Standards (FRS 102) have been followed, subject to any material departures disclosed and explained in the financial statements;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the company will continue in business.

The Trustees are responsible for keeping adequate accounting records that are sufficient to show and explain the company's transactions and disclose with reasonable accuracy at any time the financial position of the company and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Approved by order of the members of the board of Trustees on 25/11/2021 and signed on their behalf by:



M Peckham
(Chair of Trustees)

SAFE FOUNDATION
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**INDEPENDENT EXAMINER'S REPORT
FOR THE YEAR ENDED 31 MARCH 2021**

Independent examiner's report to the Trustees of SAFE Foundation ('the company')

I report to the charity Trustees on my examination of the accounts of the company for the year ended 31 March 2021.

Responsibilities and basis of report

As the Trustees of the company (and its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of the company's accounts carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

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INDEPENDENT EXAMINER'S REPORT (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2021

Independent examiner's statement

Since the company's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the 2011 Act. I confirm that I am qualified to undertake the examination because I am a member of ICAEW, which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the company as required by section 386 of the 2006 Act;
or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities [applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)].

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INDEPENDENT EXAMINER'S REPORT (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2021

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Signed:



Misty Nickells

Dated: 26/1/21

FCA

Griffin

Chartered Accountants
Silverdown Office Park
Exeter Airport Business Park
Exeter
EX5 2UX

SAFE FOUNDATION
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**STATEMENT OF FINANCIAL ACTIVITIES (INCORPORATING INCOME AND EXPENDITURE ACCOUNT)
FOR THE YEAR ENDED 31 MARCH 2021**

	Note	Unrestricted funds 2021 £	Restricted funds 2021 £	Total funds 2021 £	Total funds 2020 £
Income from:					
Donations and legacies	3	106,633	401,253	507,886	327,252
Charitable activities	4	14,634	-	14,634	26,371
Investments	5	1,488	-	1,488	2
Total income		122,755	401,253	524,008	353,625
Expenditure on:					
Raising funds		15,087	-	15,087	23,295
Charitable activities	6	125,722	311,983	437,705	320,050
Total expenditure		140,809	311,983	452,792	343,345
Net movement in funds		(18,054)	89,270	71,216	10,280
Reconciliation of funds:					
Total funds brought forward		234,538	18,450	252,988	242,708
Net movement in funds		(18,054)	89,270	71,216	10,280
Total funds carried forward		216,484	107,720	324,204	252,988

The Statement of financial activities includes all gains and losses recognised in the year.

The notes on pages 19 to 36 form part of these financial statements.

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BALANCE SHEET
FOR THE YEAR ENDED 31 MARCH 2021

	Note	2021 £	2020 £
Fixed assets			
Tangible assets	11	27,238	28,965
Investments	12	633	633
		<u>27,871</u>	<u>29,598</u>
Current assets			
Debtors	13	12,135	5,236
Cash at bank and in hand		323,592	231,836
		<u>335,727</u>	<u>237,072</u>
Creditors: amounts falling due within one year	14	(39,394)	(13,682)
Net current assets		<u>296,333</u>	<u>223,390</u>
Total assets less current liabilities		<u>324,204</u>	<u>252,988</u>
Net assets excluding pension asset		<u>324,204</u>	<u>252,988</u>
Total net assets		<u><u>324,204</u></u>	<u><u>252,988</u></u>
Charity funds			
Restricted funds	15	107,720	18,450
Unrestricted funds	15	216,484	234,538
Total funds		<u><u>324,204</u></u>	<u><u>252,988</u></u>

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BALANCE SHEET (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2021

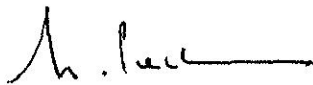
The company was entitled to exemption from audit under section 477 of the Companies Act 2006.

The members have not required the company to obtain an audit for the year in question in accordance with section 476 of Companies Act 2006.

The Trustees acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and preparation of financial statements.

The financial statements have been prepared in accordance with the provisions applicable to entities subject to the small companies regime.

The financial statements were approved and authorised for issue by the Trustees on
25/11/2021 and signed on their behalf by:



M Peckham
(Chair of Trustees)

The notes on pages 19 to 36 form part of these financial statements.

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STATEMENT OF CASH FLOWS
FOR THE YEAR ENDED 31 MARCH 2021

	2021 £	2020 £
Cash flows from operating activities		
Net cash used in operating activities	98,681	21,185
Cash flows from investing activities		
Dividends, interests and rents from investments	1,488	2
Purchase of tangible fixed assets	(8,413)	(28,917)
Net cash used in investing activities	(6,925)	(28,915)
Cash flows from financing activities		
Net cash provided by financing activities	-	-
Change in cash and cash equivalents in the year	91,756	(7,730)
Cash and cash equivalents at the beginning of the year	231,836	239,566
Cash and cash equivalents at the end of the year	323,592	231,836

The notes on pages 19 to 36 form part of these financial statements

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**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2021**

1. General information

The company is a company limited by guarantee. The members of the company are the Trustees named on page 1. In the event of the company being wound up, the liability in respect of the guarantee is limited to £1 per member of the company. The registered office is 1 Alba Court, Emperor Way, Exeter, EX1 3QS.

2. Accounting policies

2.1 Basis of preparation of financial statements

The financial statements have been prepared in accordance with the Charities SORP (FRS 102) - Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Companies Act 2006.

SAFE Foundation meets the definition of a public benefit entity under FRS 102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy.

2.2 Income

All income is recognised once the company has entitlement to the income, it is probable that the income will be received and the amount of income receivable can be measured reliably.

Grants are included in the Statement of financial activities on a receivable basis. The balance of income received for specific purposes but not expended during the period is shown in the relevant funds on the Balance sheet. Where income is received in advance of entitlement of receipt, its recognition is deferred and included in creditors as deferred income. Where entitlement occurs before income is received, the income is accrued.

Income tax recoverable in relation to donations received under Gift Aid or deeds of covenant is recognised at the time of the donation.

Income tax recoverable in relation to investment income is recognised at the time the investment income is receivable.

2.3 Expenditure

Expenditure is recognised once there is a legal or constructive obligation to transfer economic benefit to a third party, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is classified by activity. The costs of each activity are made up of the total of direct costs and shared costs, including support costs involved in undertaking each activity. Direct costs attributable to a single activity are allocated directly to that activity. Shared costs which contribute to more than one activity and support costs which are not attributable to a single activity are apportioned between those activities on a basis consistent with the use of resources. Central staff costs are allocated on the basis of time spent, and depreciation charges allocated on the portion of the asset's use.

Expenditure on raising funds includes all expenditure incurred by the company to raise funds for its charitable purposes and includes costs of all fundraising activities events and non-charitable trading.

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NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2021

2. Accounting policies (continued)

2.3 Expenditure (continued)

Expenditure on charitable activities is incurred on directly undertaking the activities which further the company's objectives, as well as any associated support costs.

2.4 Interest receivable

Interest on funds held on deposit is included when receivable and the amount can be measured reliably by the company; this is normally upon notification of the interest paid or payable by the institution with whom the funds are deposited.

2.5 Tangible fixed assets and depreciation

Tangible fixed assets costing £50 or more are capitalised and recognised when future economic benefits are probable and the cost or value of the asset can be measured reliably.

Tangible fixed assets are initially recognised at cost. After recognition, under the cost model, tangible fixed assets are measured at cost less accumulated depreciation and any accumulated impairment losses. All costs incurred to bring a tangible fixed asset into its intended working condition should be included in the measurement of cost.

Depreciation is charged so as to allocate the cost of tangible fixed assets less their residual value over their estimated useful lives, using the straight-line and reducing balance method.

Depreciation is provided on the following bases:

Leasehold improvements	- 10% straight line
Motor vehicles	- 20% reducing balance
Fixtures, fittings and equipment	- 20% straight line

2.6 Investments

Fixed asset investments are a form of financial instrument and are initially recognised at their transaction cost and subsequently measured at fair value at the Balance sheet date, unless the value cannot be measured reliably in which case it is measured at cost less impairment. Investment gains and losses, whether realised or unrealised, are combined and presented as 'Gains/(Losses) on investments' in the Statement of financial activities.

2.7 Debtors

Trade and other debtors are recognised at the settlement amount after any trade discount offered. Prepayments are valued at the amount prepaid net of any trade discounts due.

2.8 Cash at bank and in hand

Cash at bank and in hand includes cash and short-term highly liquid investments with a short maturity of three months or less from the date of acquisition or opening of the deposit or similar account.

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NOTES TO THE FINANCIAL STATEMENTS
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2. Accounting policies (continued)

2.9 Liabilities and provisions

Liabilities are recognised when there is an obligation at the Balance sheet date as a result of a past event, it is probable that a transfer of economic benefit will be required in settlement, and the amount of the settlement can be estimated reliably.

Liabilities are recognised at the amount that the company anticipates it will pay to settle the debt or the amount it has received as advanced payments for the goods or services it must provide.

Provisions are measured at the best estimate of the amounts required to settle the obligation. Where the effect of the time value of money is material, the provision is based on the present value of those amounts, discounted at the pre-tax discount rate that reflects the risks specific to the liability. The unwinding of the discount is recognised in the Statement of financial activities as a finance cost.

2.10 Financial instruments

The company only has financial assets and financial liabilities of a kind that qualify as basic financial instruments. Basic financial instruments are initially recognised at transaction value and subsequently measured at their settlement value with the exception of bank loans which are subsequently measured at amortised cost using the effective interest method.

2.11 Pensions

The company operates a defined contribution pension scheme and the pension charge represents the amounts payable by the company to the fund in respect of the year.

2.12 Fund accounting

General funds are unrestricted funds which are available for use at the discretion of the Trustees in furtherance of the general objectives of the company and which have not been designated for other purposes.

Designated funds comprise unrestricted funds that have been set aside by the Trustees for particular purposes. The aim and use of each designated fund is set out in the notes to the financial statements.

Restricted funds are funds which are to be used in accordance with specific restrictions imposed by donors or which have been raised by the company for particular purposes. The costs of raising and administering such funds are charged against the specific fund. The aim and use of each restricted fund is set out in the notes to the financial statements.

Investment income, gains and losses are allocated to the appropriate fund.

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**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2021**

3. Income from donations and legacies

	Unrestricted funds 2021 £	Restricted funds 2021 £	Total funds 2021 £
Donations	16,428	-	16,428
Grants	90,205	401,253	491,458
	<u>106,633</u>	<u>401,253</u>	<u>507,886</u>
	<i>Unrestricted funds 2020 £</i>	<i>Restricted funds 2020 £</i>	<i>Total funds 2020 £</i>
Donations	16,865	-	16,865
Grants	50,468	259,919	310,387
	<u>67,333</u>	<u>259,919</u>	<u>327,252</u>

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NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2021

Analysis of grants received

	2021 £	2020 £
The National Lottery Community Fund	123,492	68,657
Children in Need	70,083	47,712
Devon County Council	59,925	35,000
Northbrook Community	19,308	-
SIBF YEF	27,204	-
Devon Community	16,700	-
Police & Crime Commission	47,055	39,000
Tudor Trust	8,751	34,751
Various small grants	10,270	1,467
Stud Hold BPA	-	10,000
Clotheswork Foundation	2,500	23,000
Groundwork	500	1,000
The Kelly Family Grant	-	5,000
7stars Foundation	650	4,500
Lloyds Bank Foundation	53,920	15,000
Henry Smith	51,100	25,300
	<u>491,458</u>	<u>310,387</u>

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**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2021**

4. Income from charitable activities

	Unrestricted funds 2021 £	Total funds 2021 £
Domestic Violence Recovery	14,634	14,634
	<u>14,634</u>	<u>14,634</u>
	<i>Unrestricted funds 2020 £</i>	<i>Total funds 2020 £</i>
Domestic Violence Recovery	26,371	26,371
	<u>26,371</u>	<u>26,371</u>

5. Investment income

	Unrestricted funds 2021 £	Total funds 2021 £
Bank interest receivable	1,488	1,488
	<u>1,488</u>	<u>1,488</u>
	<i>Unrestricted funds 2020 £</i>	<i>Total funds 2020 £</i>
Bank interest receivable	2	2
	<u>2</u>	<u>2</u>

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**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2021**

6. Analysis of expenditure on charitable activities

Summary by fund type

	Unrestricted funds 2021 £	Restricted funds 2021 £	Total funds 2021 £
Domestic Violence Recovery	125,722	311,983	437,705

	<i>Unrestricted funds 2020 £</i>	<i>Restricted funds 2020 £</i>	<i>Total funds 2020 £</i>
Domestic Violence Recovery	76,029	244,021	320,050

7. Analysis of expenditure by activities

	Activities undertaken directly 2021 £	Support costs 2021 £	Total funds 2021 £
Domestic Violence Recovery	249,200	188,505	437,705

	<i>Activities undertaken directly 2020 £</i>	<i>Support costs 2020 £</i>	<i>Total funds 2020 £</i>
Domestic Violence Recovery	178,027	142,023	320,050

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**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2021**

7. Analysis of expenditure by activities (continued)

Analysis of direct costs

	Domestic Violence Recover 2021 £	Total funds 2021 £
Staff costs	78,670	78,670
Supervision, training and support	5,275	5,275
Travel and subsistence	2,176	2,176
Premises costs	12,066	12,066
Other	108	108
Counselling	150,905	150,905
	<u>249,200</u>	<u>249,200</u>
	<u><u>249,200</u></u>	<u><u>249,200</u></u>
	<i>Domestic Violence Recover 2020 £</i>	<i>Total funds 2020 £</i>
Staff costs	79,812	79,812
Supervision, training and support	30,188	30,188
Travel and subsistence	6,243	6,243
Premises costs	14,593	14,593
Other	100	100
Counselling	47,091	47,091
	<u>178,027</u>	<u>178,027</u>
	<u><u>178,027</u></u>	<u><u>178,027</u></u>

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**NOTES TO THE FINANCIAL STATEMENTS
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7. Analysis of expenditure by activities (continued)

Analysis of support costs

	Domestic Violence Recover 2021 £	Total funds 2021 £
Staff costs	122,503	122,503
Depreciation	8,845	8,845
Supervision, training and support	3,819	3,819
Travel and subsistence	2,928	2,928
Premises costs	19,096	19,096
Office costs	21,086	21,086
Finance and governance	10,228	10,228
	<u>188,505</u>	<u>188,505</u>

	<i>Domestic Violence Recover 2020 £</i>	<i>Total funds 2020 £</i>
Staff costs	79,563	79,563
Depreciation	9,822	9,822
Supervision, training and support	4,912	4,912
Travel and subsistence	3,753	3,753
Premises costs	14,283	14,283
Office costs	11,239	11,239
Finance and governance	18,451	18,451
	<u>142,023</u>	<u>142,023</u>

8. Independent examiner's remuneration

The independent examiner's remuneration amounts to an independent examiner fee of £500 (2020 - £500), and accounts preparation fee of £1,000 (2020 - £1,000).

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**NOTES TO THE FINANCIAL STATEMENTS
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9. Staff costs

	2021 £	2020 £
Wages and salaries	196,166	158,728
Social security costs	13,421	10,234
Contribution to defined contribution pension schemes	4,174	2,902
	<u>213,761</u>	<u>171,864</u>

The average number of persons employed by the company during the year was as follows:

	2021 No.	2020 No.
Management and administration of charity	3	2
Direct charitable activity	5	9
	<u>8</u>	<u>11</u>

The number of employees whose employee benefits (excluding employer pension costs) exceeded £60,000 was:

	2021 No.	2020 No.
In the band £60,001 - £70,000	1	1

The key management personnel of the charity comprise the senior management team as listed on page 1. The total amount of employee benefits (including employer pension contributions and employer national insurance contributions) received by key management personnel for their services to the charity was £114,967 (2020: £103,047).

10. Trustees' remuneration and expenses

During the year, no Trustees received any remuneration or other benefits (2020 - £NIL).

During the year ended 31 March 2021, no Trustee expenses have been incurred (2020 - £372).

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**NOTES TO THE FINANCIAL STATEMENTS
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11. Tangible fixed assets

	Leasehold improvements £	Motor vehicles £	Furniture and equipment £	Total £
Cost or valuation				
At 1 April 2020	24,542	27,845	11,138	63,525
Additions	-	-	8,413	8,413
Disposals	-	-	(7,163)	(7,163)
At 31 March 2021	<u>24,542</u>	<u>27,845</u>	<u>12,388</u>	<u>64,775</u>
Depreciation				
At 1 April 2020	21,674	5,569	7,317	34,560
Charge for the year	1,912	4,455	2,478	8,845
On disposals	-	-	(5,868)	(5,868)
At 31 March 2021	<u>23,586</u>	<u>10,024</u>	<u>3,927</u>	<u>37,537</u>
Net book value				
At 31 March 2021	<u>956</u>	<u>17,821</u>	<u>8,461</u>	<u>27,238</u>
At 31 March 2020	<u>2,868</u>	<u>22,276</u>	<u>3,821</u>	<u>28,965</u>

12. Fixed asset investments

	Trade investments £
Cost or valuation	
At 31 March 2021	<u>633</u>
Net book value	
At 31 March 2021	<u>633</u>
At 31 March 2020	<u>633</u>

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**NOTES TO THE FINANCIAL STATEMENTS
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12. Fixed asset investments (continued)

13. Debtors

	2021 £	2020 £
Due within one year		
Other debtors	8,955	509
Prepayments and accrued income	3,180	4,727
	<u>12,135</u>	<u>5,236</u>

14. Creditors: Amounts falling due within one year

	2021 £	2020 £
Trade creditors	3,765	4,312
Pension fund loan payable	-	487
Accruals and deferred income	35,629	8,883
	<u>39,394</u>	<u>13,682</u>

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	2021 £	2020 £
Deferred income		
Deferred income at 1 April 2020	8,749	8,500
Resources deferred during the year	35,629	8,749
Amounts released from previous periods	(8,749)	(8,500)
Deferred income at 31 March 2020	<u>35,629</u>	<u>8,749</u>

Deferred income is recognised where grants and other income have been received in advance of the period in which the funds are expected to be utilised, or where performance criteria are yet to be met.

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**NOTES TO THE FINANCIAL STATEMENTS
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15. Statement of funds

Statement of funds - current year

	Balance at 1 April 2020 £	Income £	Expenditure £	Transfers in/out £	Balance at 31 March 2021 £
Unrestricted funds					
Designated funds					
Future sustainability fund	-	-	-	45,000	45,000
General funds					
General Funds	234,538	122,755	(140,809)	(45,000)	171,484
Total Unrestricted funds	234,538	122,755	(140,809)	-	216,484
Restricted funds					
Set up costs	50	-	(50)	-	-
Children and Families Service	-	392,502	(299,502)	-	93,000
Volunteer Projects	-	8,751	(8,751)	-	-
Charity vehicle	18,400	-	(3,680)	-	14,720
	18,450	401,253	(311,983)	-	107,720
Total of funds	252,988	524,008	(452,792)	-	324,204

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**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2021**

15. Statement of funds (continued)

Statement of funds - prior year

	<i>Balance at 1 April 2019 £</i>	<i>Income £</i>	<i>Expenditure £</i>	<i>Balance at 31 March 2020 £</i>
Unrestricted funds				
General Funds	240,156	93,706	(99,324)	234,538
Restricted funds				
Set up costs	2,552	-	(2,502)	50
Children and Families Service	-	202,169	(202,169)	-
Volunteer Projects	-	34,750	(34,750)	-
Charity vehicle	-	23,000	(4,600)	18,400
	2,552	259,919	(244,021)	18,450
Total of funds	242,708	353,625	(343,345)	252,988

The specific purposes for which the funds are to be applied are as follows:

Setup costs: Funds used to finance the building work and refurbishment of the charity's offices. This fund is reduced each year with the allocation of depreciation charged over the assets useful economic life.

Children and Families Service: Delivers support in the community for children and young people aged from 5 to 17 who are affected by domestic violence and abuse. The fund also includes: Boys & Young Men Community Support, which delivers support in the community for boys and young men aged 11 to 25 who are affected by domestic violence and abuse; and You and Me, Mum, which is a domestic violence parenting programme for parents to equip them to support their child's recovery from the harm of domestic violence and strengthen the parent child relationship.

Volunteer Projects: Volunteers are recruited and trained to assist with fundraising, administration and/or support for victims of domestic abuse through mentoring and befriending.

Charity vehicle: Funds used to purchase a vehicle to allow the charity to take children and young people that they work with on trips and activities in order to help improve their emotional wellbeing and help them to heal from the trauma experienced. This fund is reduced each year with the allocation of depreciation charged over the assets useful economic life.

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**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2021**

16. Summary of funds

Summary of funds - current year

	Balance at 1 April 2020 £	Income £	Expenditure £	Transfers in/out £	Balance at 31 March 2021 £
Designated funds	-	-	-	45,000	45,000
General funds	234,538	122,755	(140,809)	(45,000)	171,484
Restricted funds	18,450	401,253	(311,983)	-	107,720
	<u>252,988</u>	<u>524,008</u>	<u>(452,792)</u>	<u>-</u>	<u>324,204</u>

Summary of funds - prior year

	Balance at 1 April 2019 £	Income £	Expenditure £	Balance at 31 March 2020 £
General funds	240,156	93,706	(99,324)	234,538
Restricted funds	2,552	259,919	(244,021)	18,450
	<u>242,708</u>	<u>353,625</u>	<u>(343,345)</u>	<u>252,988</u>

17. Analysis of net assets between funds

Analysis of net assets between funds - current year

	Unrestricted funds 2021 £	Restricted funds 2021 £	Total funds 2021 £
Tangible fixed assets	12,518	14,720	27,238
Trade investments	633	-	633
Current assets	242,727	93,000	335,727
Creditors due within one year	(39,394)	-	(39,394)
Total	<u>216,484</u>	<u>107,720</u>	<u>324,204</u>

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**NOTES TO THE FINANCIAL STATEMENTS
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20. Analysis of changes in net debt

	At 1 April 2020	Cash flows	At 31 March 2021
	£	£	£
Cash at bank and in hand	231,836	91,756	323,592
Debt due within 1 year	(487)	487	-
	<u>231,349</u>	<u>92,243</u>	<u>323,592</u>

21. Pension commitments

The charity operates a defined contribution pension scheme. The assets of the scheme are held separately from those of the charity in an independently administered fund. The pension cost charge represents contributions payable by the charity to the fund and amounted to £4,174 (2020 - £2,902). Contributions totalling £nil (2020 - £487) were payable to the fund at the balance sheet date and are included in creditors.

22. Operating lease commitments

At 31 March 2021 the company had commitments to make future minimum lease payments under non-cancellable operating leases as follows:

	2021 £	2020 £
Not later than 1 year	34,682	3,624
Later than 1 year and not later than 5 years	119,400	-
	<u>154,082</u>	<u>3,624</u>