



# SUPPORT SERVICES



# About Us

SAFE Foundation is a nationally focussed charity building a world free from the impact of trauma.

Since our launch in 1974, SAFE Foundation has transformed from a federated branch of Women's Aid, to an independent local domestic abuse charity, to where we are today.

We are led by a specialist team, people with lived experience of trauma, a deep understanding of the dynamics of trauma and the capability to help people recover from its effect.

## Mission and Vision

We're building a world free from the impact of trauma. Our mission is to:

- provide therapy and training to support families and individuals to break the cycle of abuse
- be a leading voice in trauma recovery through cutting edge research and innovation
- drive an ecosystem wide approach across communities and supporting agencies

We believe for change to be effective it takes a whole system to work cohesively and this is true of the families we support and the stakeholders we work with.



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# Support Services

## Devon area

Devon rape crisis and sexual abuse services  
01392 204174

<http://www.devonrapecrisis.org.uk/>  
support is for survivors of rape and/or sexual  
abuse aged 13 and over.

Splitz support service – Devon  
0345 1551074

<https://www.splitz.org/>  
Offering support services to adults and young  
people experiencing domestic abuse

NDADA Barnstaple refuge  
01271 321946

<http://www.ndada.co.uk/>  
Providing support for victims of domestic abuse  
covering North Devon



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# Support Services

## National

National domestic violence helpline.

(24hr freephone) 0808 2000 247

<http://www.nationaldomesticviolencehelpline.org.uk>

Womens Aid

(24 hour freephone) 0808 2000 24724

<https://www.womensaid.org.uk/>

Information and support for victims of domestic abuse

Rights of women

(Legal advice line) 0207251 6577

<https://rightsofwomen.org.uk/>

Support through court

01392 415335

<https://www.supportthroughcourt.org/>

Free support with court and they come to court with you

The Moorings 'Crisis Café'

07990790920 or 07484061675

<https://www.mhm.org.uk/>

(open 6pm – midnight every night)

The Samaritans

0845 7909090

<https://www.samaritans.org/>



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